

Getting Trojans Back to Training

Club Covid-19 Training Rules for coach's player's & Parents

1. The Safety of our Players/Coaches/Managers is priority.
2. **Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you're classified as extremely vulnerable on health grounds , the guidance is that you should remain at home**
3. The club reserves the right to start and stop any training session at any point if the guideline set out below have been breached or the Government or FA guidelines change at any time. The club may add to or change these rules if needed or required by a governing body.
4. The Club rules as displayed on our website <https://www.barnhamtrojans.co.uk> (Club Info, Club Forms) should be followed at all times, every player must be registered with the club for the current season, all subscriptions and forms should be completed before taking part in any club activity. **Therefore, a club membership form, parental contract form, and Covid-19 Consent form, are required to be signed before a player will be allowed to train.**
5. FA & Government Guideline should be followed at all times.
6. **All safety measures have to be in place before training can start, and take place each session thereafter.**
7. No coach/manager has to start straight away or feel obliged to train. Those coaches/managers that wish to start, please confirm with the club welfare officer that you have no health issues that affect your safety.
8. No player has to attend training, you can return at any time you feel safe to do so and your place in the team will be kept for anyone that has joined for the new season.
9. Football training or fitness activities in groups of no more than six including the coach, keeping two metres apart at all times, but are reminded to follow FA Safeguarding policy when coaching working with children. This includes one to one's from anyone outside your household.
10. This must include risk assessing the activities, gaining consent form parents/carers and ensuring you are in sight of another adult. For example a parent/carer or another coach and that the ratio of coach to different age-groups of children is appropriate, see FA Guidelines, this additional adult is not included as part of the group of six but must remain in sight of the activity.
11. It is permissible for coaches to organise a training session that has two or more groups of six (including the coach) involved in the session, as long as the groups of six are kept separate, everyone is socially distancing and strict hygiene measures are in place with any equipment.
12. Sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after each session.

13. Physical contact with anyone outside of your household in **not permitted**, therefore playing of any games (small-sided or full) is also **not permitted** at this time.
14. Avoid meeting in groups of six in busy or overcrowded areas, if it is so busy that it is not possible to maintain social distancing at all times.
15. Only training sessions that have been booked through Pete Edwards can take place, the venue for all training sessions will be at Aldingbourne Community Sport Centre and will help with the safety, costs and policing the operation. Other venues may be considered at a later date, but must be approved and risk assessed by the COVID-19 Committee, this to ensure Insurance and Liability cover is maintained.
16. There will be no toilet facilities available during training sessions.
17. **Entrance for all players** will be through the gate next to the bowls club, where the incoming sanitising stations will have to be set up before the first player arrives. **Anyone not complying will be asked to leave.**
18. **Exit for all players** will be through the barrier beside the social club next to the bench's where the leaving sanitising station will be situated before the arrival of the first training session. **Anyone not complying will be asked not to attend the next session.**
19. Both sanitising stations must be packed away after the last session.
20. Manager will be supplied with a key to the changing rooms to enable them to use the power washing equipment to sanitise the equipment that they have used this includes goal post between sessions. Gloves and disinfectants will be available along with power washing equipment. Please remember to conform to safe distancing rules whilst in changing room, these should be locked at all times when unattended.
21. There will be four training areas available to ensure safe distancing, and to avoid balls from one group being touched by those from another group.
22. Please keep training away from other facilities so balls do not go into them. This is to reduce risk of balls being touched by anyone else.
23. No bibs or sharing of goalkeeper gloves is permitted.
24. Only one goal can be used during any one session or training area, No games are permitted
25. Goals should be sanitised and then return to the goal store after use please do not leave out.
26. Every player attending training sessions will have to have a Covid-19 consent form signed by parent or guardian. **No Form No Training.**
27. All parents should drop their child at the entrance to training session and leave as quickly as possible to allow the other players to enter as soon as safely possible. Where a member of their team coaching staff will be waiting for them. Please do not drop your child off more than ten minutes before the start of the session and no later than training start time.

28. Parents should collect their child from training exit close to the bins in the car park. Please do not arrive more than five minutes before the session is due to finish or more than five minutes after the session stopped.
29. All players, coaches, parents, or guardians should follow all notices or signs displayed.
30. Any new players coming along to try out the club needs to complete a Covid-19 Consent form, which will count as their cover for insurance purposes. Their name and parents contact details should also be given Sarah before the training session.

Additional Note

Please be aware that not all children or parent may not want to start back straight away therefore nobody should be pressured into starting back and they should be reassured that their place in the team will still be there for them. If you want to look at the announcement it is on both The FA and County FA website. The club forms have been available on the club website for the last couple of weeks.